



# GWRRRA REGION K CHAPTER ON-B



## WING-IT NEWS

**2009 – AUGUST**

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### **CHAPTER DIRECTORS CORNER**

Well, some of you may think that the weather has been against us and that it rains every Sunday and on every ride. I, for one, have to tell you that it is untrue, for over the last month we have had some great rides and outings:

**Wing Ding 31** was a tremendous success again this year. From Chapter ON-B the attendance included Ron & Susan Kolodij, Tom & Claudette Hellard and Michel

Lavoie. We traveled quite a bit of the way to Tulsa, Oklahoma on the old Route 66. It was pretty amazing. The weather was perfect with only a small amount of rain in the twelve days we were away. There were approximately 9,500 people in attendance and some great vendors. We even got a chance to sit in one of those Stallions you may have seen advertised in Wing World. This is not my idea of Motorcycle riding, but Stallions are pretty neat. The countryside was beautiful with LOTS of corn fields, and plenty of other views. We arrived in St. Louis, Missouri in the supper hour rush and the traffic was bumper to bumper and the temperature was in the high 90's F., Not very comfortable when we had to sit in traffic for long periods at a time. Next year [Wing Ding 32](#) will be closer to home in Des Moines, Iowa and we hope a lot more people will be able to attend.



*Wing Ding 09 Parking Lot*



*Ron & Sue in a Stallion*

**Rendezvous** was held in Belleville, Ontario and this was also a great event. We had some rain, but mostly at night, and not as much as you had here in the Ottawa area. Nevertheless, we had a great time. Our chapter came in second for the bike games thanks to Michel Lavoie and his nephew Dominic. We had lots of laughs. Our Mousetrap car encountered some glitches and we did not do very well in this competition but maybe next year. We will have to practice a lot. Ron and I were asked to be judges for the Regional Couple of the Year competition and this was a very interesting process. We should see about having a Couple of the Year for our chapter so if anyone has any nominations we would be very interested in hearing from you. [Photos of Rendezvous are now posted on the [Region website – click here](#). ...Editor]

The ride to **Lac St. Jean** led by Michel Lavoie was quite a success. Everyone enjoyed the commentary and the countryside. The views were amazing; thank you Michel for leading this great ride. Maybe we can plan this again for next year. [Photos of Michel's ride are now posted on our website under "[Photo Album](#)". ...Editor]

The **Rideau Lake Ride & Dinner** made for a real enjoyable day and early evening. Its success was the cumulative efforts of Janet

and Alton. Janet's preparation of and the presentation of the food (I noticed some going up 2 and 3 times) along with Alton's commentary of the country side scenery and traveling over new roads was fabulous. We even had an introduction into the amount of work that goes into harvesting hay and how hay was cut, wrapped and sent to market. We all want to say Thank You to Janet and Alton and let you know I have penciled you in for next year.

### Take Note of the Change

As you know, a lot of individuals have been asking for a change in the location of our Breakfast Meetings and we have been listening. **As of Sunday 23 Aug 2009** Chapter "B" will be meeting for Breakfast at **BROADWAY BAR & GRILL** located in the **Riverside South Plaza**. They have a separate area that we can use just to the left of the door when you enter the restaurant and they have a great selection for breakfast, even different pancakes and waffles for Janet; lots of parking and a gas station on the corner for those that have to fill up before the ride.

**BROADWAY BAR & GRILL** address is 665 Earl Armstrong Rd, Ottawa, K1V 2G2, Phone 613-822-9147. The restaurant is located at the corner of River Road and Earl Armstrong Road in the Riverside South Plaza. This plaza is only 4.8 km straight North along river road leading out from Timmy's in Manotick.

As the restaurant and parking lot starts to get busy after 9:30, we will set up for the rides in the main Plaza Parking Lot just north of the restaurant and adjacent to the gas station. [Our website has been updated to show a map of the location.](#)

### Going Away for Toni

As you may know, Toni is moving to Dartmouth, NS, and Pat and Paul have volunteered to put together a Pot Luck Supper so that everyone can say good-bye to Scooter. This will probably be the last time

that most of us will see Toni so please come out on Saturday, Sept 5, 2009 starting at 4 pm. Paul said that the pool and hot tub are available for use so bring your bathing suits and he also mentioned Guys, NO SPEEDOS (he must be jealous as he lost his on the last trip). Please RSVP to Pat at [pugly@rogers.com](mailto:pugly@rogers.com).

### **Future Rides**

We have a lot of good riding season left with training and games to come to add some more fun for the chapter members (more to follow); keep checking our [web site](#) and e-mails sent out to you.

We are hoping to increase everyone's Knowledge of riding through the help of Michel and Adam. By the way, congratulations are in order for Adam Chmiel as he has volunteered to be Chapter "B" Assistant Educator. We know Michel and Adam have a lot of great ideas for the fun and training of our chapter.

### **MONTREAL SMOKED MEAT RUN**

Chapter F's Smoked Meat Run is happening on the long weekend of Sept 5-6-7, 2009. We are all invited to attend. The actual ride to Montreal for smoked meat is on Sunday 6<sup>th</sup> Sept. On Saturday, there is a local area ride for anyone interested.

#### **Montreal Smoked Meat Run 2009**

"Schedule"

#### ***Saturday September 5th, 2009:***

12:30 p.m. Meet at the Travelodge Hotel East, 1486 Innes Road in Ottawa.  
1:00 p.m. Departure for a ride to Montebello P.Q.  
6:30 p.m. Supper at Angelo's (George) Restaurant in Russell.

#### ***Sunday, September 6th, 2009***

7:00 a.m. Leaders meet in parking lot at the Travelodge Hotel East, 1486 Innes Road, Ottawa.  
7:30 a.m. Staging in Travelodge parking lot.  
8:00 a.m. Departure for Montreal via scenic route with two short breaks along the way.  
12:45 p.m. Arrive at "Le Roi du Smoked Meat" Restaurant.  
3:00 p.m. Departure for Ottawa.  
6:30 p.m. Supper at Angelo's (George) Restaurant in Russell.

#### ***Monday, September 7<sup>th</sup> 2009***

8:00 a.m. Breakfast at Restaurant beside Travelodge Hotel.  
9:30 a.m. Escort Ride with the out of town participants.

Thank you and have a safe trip home.

### **GUIDE DOG DICE RUN 2009**

In support of the [Canadian Guide Dogs for the Blind](#)

**When:** Sunday September 13, 2009

**Registration:** 9:30 - 10:30 A.M.  
(refreshments on site)

**Where:** Canadian Guide Dog Training Centre, 4120 Rideau Valley Drive North [map](#), Manotick, ON (613-692-7777)

**Food:** Barbecue at the end of the ride.

**Cost per person:** \$15.00

Includes ride registration, 1 score card and 1 BBQ ticket

Organized by: The Ottawa River Riders Motorcycle Club

**Prizes:** Highest dice score; lowest dice score, men and women, and assorted door prizes.

**Ride route:** To Be Determined.

**Plus:** The staff at the school is offering kennel tours and information on the school.

## NORTH BAY COLOUR RIDE

If you are interested in the North Bay Colour Run this year to be held on the 26 and 27 September, please fill out the forms which were sent out via e-mail or are also available from the OVW Chapter Director and send them to address listed on form.

It is a lot of fun every year and everyone is welcome.

**GWRRA COLOUR RUN North Bay (Chap ON-N)**  
**September 26 & 27, 2009**

**Last Run of the Season**  
Park and Play at the Colour Run

The Clarion (Pinewood Park) Resort  
201 Pinewood Park Dr. North Bay, On. P1B 8J8  
1-800-461-9592 / 705-472-0810 Fax: 705-472-4427  
Specify: "GWRRA"

Book your room directly with the Clarion Resort  
Rooms: \$109.00 for 2 queen size beds or  
\$119.00 for a king size bed & pull out couch.

**Reservations must be made by Aug 21<sup>st</sup>, 2009.**  
(Check out your chance to win a one night's free accommodations)  
[www.clarionresortpinewoodpark.com](http://www.clarionresortpinewoodpark.com)

Each bike is to bring **ONLY ONE** unwrapped gift  
of a \$15.00 plus value for the Paper Bag Auction


Buffet Dinner Saturday night - \$30.00/person  
(GST, PST & Gratuities INCLUDED)

5 Choices of Salads, 5 Hot items, 7 choices Deserts, Coffee/Tea

Bike Ride, Texas Horseshoes, Outdoor/Indoor Games

Plus our Famous Paper Bag Auction and Draw

**MARK YOUR CALENDAR NOW**  
**SEPT. 26 & 27, 2009**



For More Information Contact  
Jacques Roy, 705-495-3373 or [jroy01@cogeco.ca](mailto:jroy01@cogeco.ca)

## WEBSITE PHOTO ALBUM

Arthur wishes to inform members that the photo album is now up on the left side of the website. He is soliciting any photos and

videos you may have of Chapter events.

[Click here to visit the Photo Album.](#)

Contact [Arthur](#) if you have any photographs to contribute. *Thanks!*

## JOKE CORNER

A little boy was waiting for his mother to come out of the grocery store.

As he waited, he was approached by a man who asked, "Son, can you tell me where the Post Office is?"

The little boy replied, "Sure! Just go straight down this street a couple blocks and turn to your right."

The man thanked the boy kindly and said, "I'm the new pastor in town. I'd like for you to come to church on Sunday. I'll show you how to get to Heaven."

The little boy replied with a chuckle. "Awww, come on... You don't even know the way to the Post Office."

*Thanks to Bruce Morrison for above!*

## CHAPTER SAFETY CORNER



**Toni Gumbinger – Former Chapter Educator**

### **Lower Gear or Brakes? (On a Downhill or Turns)**

By: James R. Davis

An interesting everyday kind of question was asked recently:

Quote:

*If you have a long, descending, curving highway merge ramp, do you use a lower gear to provide some engine braking if you have to let off the throttle, or do you use a higher gear and use your brakes in the curve if you encounter slower traffic, trucks, etc.?*

Most experienced riders will virtually always opt to use a lower gear whenever they are about to enter an off ramp or when dealing with a meaningfully sharp turn. This affords them the best responsiveness (acceleration as well as engine braking) potential possible to deal with the unexpected.

But the question was really more about brakes than about gearing.

On a long downhill you want to use engine braking whenever possible for two reasons: To prevent premature brake wear, and To prevent temporary overheating of those brakes

If you do mostly touring (long distance, and therefore high-speed highway riding), you should have little concern about premature brake wear as you use your brakes infrequently compared to miles travelled.

On the other hand, temporary overheating is a major concern from a safety point of view.

Your brakes work by converting kinetic energy (movement) to heat. In the process the brakes can get VERY HOT as they can only dissipate that heat at a modest rate. When brakes overheat they lose efficiency. In other words, it takes more braking effort for hot brakes to scrub a given amount of speed than it does for cooler brakes.

Further, if that overheating gets severe enough it will no longer be a temporary loss of efficiency as they can bake and glaze into surfaces that are permanently less efficient at doing their job.

## RIDE OF SPLENDOR

*Carleton Place & District Memorial Hospital Auxiliary*

Sunday, September 20th, 2009

**Raised funds going to the Hospital Auxiliary towards their \$1,000,000 commitment to the Carleton Place & District Memorial Hospital Carleton Place Curling Club 120 Patterson Crescent (off McNeely Ave.)**

**REGISTRATION FEE: \$20.00 per person or minimum \$50.00 in pledges (Includes Continental Breakfast and Lunch)**

**(MOTORCYCLE DICE ROLL RUN)**

**ROUTE: Approx. 300 kms (with a shorter version available)**

**Maps provided**

**Registration:.....8:00 to 10:00 a.m.**

**Breakfast:.....8:30 to 9:30 a.m.**

**Ride Begins:.....9:30 a.m.**

**Returning:.....2:30 p.m.**

**Lunch:..... 2:00 to 3:30 p.m.**

**Prizes Awarded.....3:00 p.m.**

### PRIZES:

**Exciting prizes**

**For the most pledge dollars brought in!  
\$100 cash for the highest total dice rolled points!**

**\$50 cash for the second highest!**

**Trophy for the largest club representation!**

**Lots of door prizes!**

*Come enjoy Mother Nature's fall colours  
And support the Hospital*

**REGISTRATION AND PLEDGE FORMS AVAILABLE AT**

**(In Carleton Place): Canadian Tire \* Dacks Jewellery \* Giant Tiger \* Steve's Independent Grocer**

**FURTHER INFORMATION**

**AVAILABLE AT THE [CARLETON PLACE & DISTRICT MEMORIAL HOSPITAL WEBSITE](#)**

OR CALL: JOHN NEAVE (613) 257-8702

## **BIRTHDAYS & ANNIVERSARIES**

To our newest members send in your dates  
to [patandpaultaylor@rogers.com](mailto:patandpaultaylor@rogers.com)

July 4- Ron Kolodij (b)  
14- Mike Mathurin (b)  
23- Keith & Janet Connors (a)  
24- Christine Langlois (b)  
25- Ron Amos (b)  
25- Marc Langlois (b)  
30- Helen Stephens (b)  
Helen & John Stephens (a)  
31- Irene Morrison (b)

August 3- Linda Hadley (b)  
3- Theresa Godda (Amos) (b)  
18- Gerry & Danielle (a)  
23- Bruce & Irene Morrison (a)  
23- Connie Dorion (b)

September 25- Carol MacDonald (b)

Of course: (a) is anniversary  
(b) is birthday

Best wishes to everyone.

## ***NEXT NEWSLETTER***

*Coming in our next  
Newsletter:*

***-Christmas Party Info***  
***-Wing Night Reports***  
***-Ride Reports – I hope***  
***-More Fun Stuff***  
*Don't miss it*